

Another Memorable Event For GNLD, Stanford, Dr. Furst



STANFORD UNIVERSITY—GNLD and the Stanford Health Library were proud to once again join forces to host the annual Arthur Furst Lecture Series. This year's keynote speaker, Dr. John Swartzberg, is a clinical Professor of Medicine at the University of California, Berkeley. As Director of the UC Berkeley-

Dr. John Swartzberg

UC San Francisco joint medical program and chair of the Editorial Board of the famed *Berkeley Wellness Letter*,
Dr. Swartzberg is a respected national authority on wellness.

Through his entertaining presentation, Dr. Swartzberg proffered a personal wellness plan that mirrored many of GNLD's basic principles, including regular exercise and a diet rich in whole grains, fruits, and vegetables.

The ongoing Arthur Furst Lecture Series, which honors the life and work of GNLD Scientific Advisory Board Founder Emeritus Dr. Furst, provides a forum for distinguished scientists, doctors, and medical professionals to present the very latest disease-prevention research. "The Arthur Furst lecture series is just one more way GNLD is changing the face of healthcare and disease prevention through nutrition," says Scientific Advisory Board member and Vice President of Science and Technology John Miller. "As more and more of today's scientists and tomorrow's doctors embrace the cutting-edge research that has been a company hallmark for more than four decades, GNLD Distributors can feel proud of these top-quality products that are proven to empower people to take control of their health."



John Miller, GNLD Vice President of Science & Technology; Dr. John Swartzberg; Dr. Joaquín González.